

FREE MENTAL HEALTH & SUICIDE PREVENTION TRAINING

Fully Funded for Individuals
Across Bedford Borough, Central
Bedfordshire, Luton & Milton
Keynes

To book please visit:
<https://lauraburke.co.uk/free-training/>

Training Available:

- Suicide Prevention Training
- Adult Mental Health First Aid
- Youth Mental Health First Aid
- Suicide Bereavement training

**Learn
Practical
Skills & Build
Confidence**

Who Should Attend?

- Community and Voluntary Organisations
- Charities
- Faith groups
- Staff
- Healthcare Workers
- Individuals caring for others

Any questions? Email us at: hello@lauraburke.co.uk

