

### New year – 2026

The East of England team would like to wish you a happy and healthy start to 2026. We look forward to continuing to support you with your continuing professional development.

### Online workshops

Dates for online and new face-to-face workshops for our spring / summer semester will go live on 12 February 2026

In the meantime, access [details and dates of all online workshops](#). Due to demand for places, we have added additional dates for our online Emergency Contraception and Depression: having meaningful conversations workshops.

### Reminder about upcoming face-to-face workshops in the region.

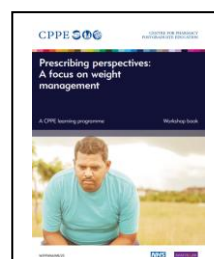
- **Weight Management: prescribing perspectives.**

This workshop will support in developing peer networks so that you have a long-lasting support network as you expand your scope of practice in medicines supply. It is open to pharmacy professionals across all sectors. The aim of the programme is to develop knowledge and skills to adopt a structured approach to safely provide weight management medicines, whether the mechanism of supply is prescribing or under a patient group direction (PGD).

Dates and locations for workshops taking place in the region:

10 February 2026 – Cranfield University  
12 March 2026 - Hertfordshire Sports Village, Hatfield  
17 March 2026 - Anglia Ruskin University, Chelmsford  
18 March 2026 – Brampton Park Golf Club, Huntingdon

[Book a place on a workshop here](#)

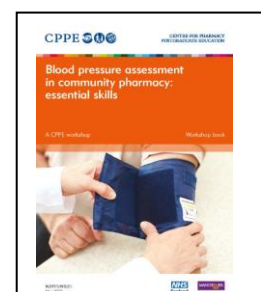


- **Blood pressure assessment in community pharmacy: essential skills workshop**

The aim of this learning programme is to enable pharmacy professionals to build the knowledge, skills and confidence to deliver person-centred consultations and clinical assessments as part of the NHS Hypertension Case-Finding Service (HCFS). It includes practical skills training supported by a clinical demonstrator.

21 January 2026 – Hertfordshire Sports Village, Hatfield

[Book a place on the workshop here](#)



### New programmes released

[Digital Health and Clinical Informatics: an introduction](#) e-learning

This programme provides a structured introduction to digital systems, data quality, information governance, cyber security and digital clinical safety in the pharmacy environment. Through case studies, reflective learning and examples from community, hospital, GP and health and justice settings, learners can explore how digital skills shape patient care. Pharmacy professionals can also create a personal action plan aligned to the Health and Care Digital Capabilities Framework to strengthen their digital confidence and future proof their practice.

### APTUK to support CPPE's 2026 PGD workshops

We're proud to announce that APTUK will be present at the upcoming [PGDs: Empowering pharmacy technicians to provide services workshops](#) from January onwards, to support, engage and connect with pharmacy professionals across the sector. They'd love to meet you and discuss:

- Updates to the profession: What's shaping pharmacy practice?
- Support and guidance: What APTUK can do for you
- Membership benefits: The value of joining your professional leadership body

CPPE and APTUK are here to listen, share, and strengthen our profession together. The event in the East of England region will take place on **24 February. Waterfront Building, Ipswich, IP4 1QJ. 7pm-9pm.** See a [list of other dates and venues](#) across the country.

### Pharmacy Technicians Impact Groups- new sessions

Our [Pharmacy technician impact groups](#) are back! These small group sessions are perfect for pharmacy technicians who want to develop their skills and confidence. They complement our [Pharmacy technician development programme e-course](#), providing you with the tools and support to put learning into action. Sessions begin on 15 January and 10 March 2026, but spaces are very limited, so [find out how to enrol now](#).

### Inclusive pharmacy practice week 24-28 November 2025

Whilst Inclusive Pharmacy Practice Week may be over, the learning continues. All of the webinars were recorded and are now available to [watch on demand](#).



### CPPE Leadership programmes

We are delighted to offer another cohort for our [Leading for change programme](#) – with cohort 7 starting in January 2026.

### Primary Care Pharmacy Education (PCPEP) pathway

The next cohort starts 5 January 2026.

Here is a link to the latest PCPEP newsletter – [November 2025](#). The newsletter includes

- Update on the pathway and testimonials
- Exemption and equivalence update
- Royal Pharmaceutical Society (RPS) advanced credentialing support programme
- Pharmacy technician development programme: Preparing for the future now launched
- University of Exeter research study – call for pharmacists in primary care to participate
- Clinical supervisor training dates
- Pathway information webinar for employers and learners

### Extended programmes to develop skills.

- **Return to practice and Return to the register programmes**

If you are thinking about switching sector or returning to community pharmacy, you might feel daunted. We get it, and we can help.

Our [Return to practice programme](#) runs for 12 weeks across online workshops and an e-course. It's all about helping you build the knowledge, skills and confidence to work in community pharmacy practice. Throughout, you'll have tutor support and a team of peers to work with and learn from. [Registrations for the January 2026 cohort are open.](#)

**And, if you are not currently on the GPhC register.....**then consider joining our [Return to the register course](#). It complements *Return to practice*, no matter when you work through it. The programme runs for six weeks, guiding you step-by-step through our online workshops and e-course. Plus, you'll build an online peer support group as you go. [Registrations for the February 2026 cohort are now open.](#)

- **[Pharmacy technician development programme: preparing for the future.](#)**

CPPE has launched a new programme for pharmacy technicians working across all sectors. This blended learning programme combines flexible online learning, interactive online and face-to-face workshops, and guidance from a dedicated education supervisor. From the outset, participants complete a learning needs review to tailor their personal development plan and prioritise learning most relevant to their practice. The programme is designed to help pharmacy technicians build confidence in clinical, leadership and decision-making skills, with a strong emphasis on adapting to the expanding scope of pharmacy technician practice. This includes supplying and administering medicines under PGDs such as the October 2025 expansion of the Pharmacy Contraception Service, and evolving requirements under the NHS Pharmacy First scheme. It will also be adapted to include learning on the supervision legislation changes.

### Celebrating diversity

Every month, we publish an article on the [CPPE news page](#) of our website, celebrating diversity and highlighting how forthcoming celebrations, festivals or observances can impact on pharmacy practice. The January 2026 cultural and identity-linked celebrations, observances and awareness days include details on: World Braille Day, Mahayana New Year, Lori Maghi and Lailat al Miraj.



Read the [January article](#).

### **CPPE Pharmacy conversations**

We have two exciting new topics:

- FLAG-Me, an innovative project aiming to improve medication safety for people with sight loss. Speakers, Lisa Riste, Nishi Gangani, and Kim Bassey explore the challenges people with sight loss face when accessing or taking medicines and how pharmacy professionals can make a difference.
- Shaping pharmacy's role in Men's Health. Speakers, Peter Baker and Ade Williams have an honest and inspiring discussion exploring the stark inequalities in men's health outcomes, particularly in cardiovascular disease, cancer, and mental health, and reflect on how community pharmacy is uniquely placed to help address these disparities.

